Patient Information

Date:_____ Therapist:_____

Name:_____ Social Security #_____Home Phone: _____

Address:_____City:_____ State:_____ Zip:_____

E-mail address:_____ Cell Phone:_____

Age:_____ Birth Date:_____ Sex: M F Race:_____ Marital: M S W D

Occupation:_____ Employer:_____

Spouse:_____ Occupation:_____ Employer:_____

How many children?_____Names and Ages of Children:_____

_____

Name of Nearest Relative:_____ Phone:_____

How were you referred to our office?_____

Family Medical Doctor (first and last name): _____

When healthcare professionals work together it benefits you. May we have your permission to update your medical doctor regarding your care at this office? _____ May we contact you by e-mail if necessary? _____

PAST HISTORY

Do you ever have: (Place a check mark by conditions that apply to you)

__ Anxiety
__ Anger
__ Abandonment
__ HIV Positive
__ Other:_____

__ Depression
__ Post Traumatic Stress Disorder
__ Alcoholism
__ Suicidal thoughts
__ Other: _____

__ Eating Disorder
__ Cutting
__ Drug Addiction
__ Suicide Attempts

Have you had any major illness, hospitalizations (medical or psychiatric) or surgeries? Women, please include information about childbirth (include dates): _____

_____

Have you been treated for any health condition by a physician in the last year? ____ Yes ____ No

If yes, describe: _____

Date of next appointment: _____

What medications or drugs are you taking? (List name and dosage)

_____

_____

Please list any other health problems you have, no matter how insignificant they may be: _____

_____

_____

Have you received mental health services previously? ____ Yes _____ No

If yes, describe including dates:_____

_____

Continued on Back

Patient Name: _____ Date: _____

SOCIAL HISTORY:

Do you drink alcoholic beverages?_____ If so, how much per week?_____
Do you use any tobacco products?_____Do you smoke?____ If so, packs per day: _____
Do you use recreational drugs?_____ If so, how much per week?_____
Do you exercise?_____ If yes, what is the frequency and type of exercise?_____
Do you sleep well at night? _____ If no, why not? _____
Have you experienced any changes in appetite? ____ If so, describe:_____
How would you describe your current support network (friends, relatives, etc.)?_____
_____

FAMILY HISTORY:

Parents:
Father: living?____ where? _____ Current age if still living:_____
Cause of death and age at death if deceased: _____

Mother: living?_ ___ where? _____ Current age if still living:_____
Cause of death and age at death if deceased:_____

Do you have any family members who suffer from the same condition you do? _____ If so, please list: _____
_____

FAMILY DISEASES (if applicable indicate whether family member is **F**ather, **M**other, **S**ister, **B**rother):

__ Anxiety
__ Anger
__ Abandonment
__ HIV Positive
__ Other:_____

__ Depression
__ Post Traumatic Stress Disorder
__ Alcoholism
__ Suicidal thoughts
__ Other: _____

__Eating Disorder
__ Cutting
__ Drug Addiction
__ Suicide Attempts

Describe any family problems which occurred while growing up relating to:

Alcohol/Drug Use: _____

Sexual/Physical/Emotional Abuse:_____
_____

AUTHORIZATION AND RELEASE: I authorize payment of insurance benefits directly to the therapist or therapist's office. I authorize the therapist to release all information necessary to communicate with personal physicians and other healthcare providers and payors and to secure the payment of benefits. I understand that I am responsible for all costs of therapy and counseling care, regardless of insurance coverage. I also understand that if I suspend or terminate my schedule of care as determined by my treating therapist, any fees for professional services will be immediately due and payable.

The patient/client understands and agrees to allow this healthcare office to use his/her Patient Health Information for the purposes of treatment, payment, healthcare operations, and coordination of care. We want you to know how your Patient Health Information is going to be used in this office and your rights concerning those records. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent. If there is anyone you do not want to receive your medical records, please inform our office.

Patient's Signature:_____ Date:_____

Guardian's Signature Authorizing Care:_____ Date:_____

Name _____ **Date** _____

1. What is your major concern? _____

_____

_____

_____

Other concerns: _____

_____

2. If this is a recurrence, when was the first time you noticed this problem?_____

How did it originally occur?_____

_____

Has it become worse recently? Yes ___ No ___ Same ___ Better ___ Gradually Worse _____

If yes, when and how? _____

_____

3. How frequent is the condition? Constant _____ Intermittent ____

What causes the problem to come on/get worse?

_____

_____

4. Are there any other conditions you would like to discuss?

Yes _____ No _____. If yes, describe:

_____

_____

Are there other unrelated health problems? Yes _____ No _____. If yes, describe _____

_____

5. Is there anything you can do to relieve your major problem? Yes ___ No ___. If yes, describe:

_____

If no, what have you tried to do that has not helped? _____

_____

6. Please check any of the following that describe how you have been feeling lately:

____sad ____anxious ____depressed ____frightened ____guilty ____angry ____ashamed

____aggressive ___resentful ____worthless ___tearful ____irritable ____confused _____jealous

_____extreme ups/downs _____hopeless ____helpless ___Other:_____

NO SYMPTOMS/STRESS — EXTREME SYMPTOMS/STRESS

Please place an "X" on the line above to indicate level of problem.

7. Please list your Therapy Goals: _____

_____

Client Signature _____ Date _____

Therapist Signature _____ Date_____